



# Burlington Junior School Physical Education 2024-2025

## Class Overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	PE	Dance (world showcase)	Gymnastics (solo sequence)	Gymnastics (paired sequence)	Dance (tell me a story)	Athletics (personal best)	Athletics (Pentathlon)
	Games	Tigers trust Invasion (No tackle football)	Athletics (cross country)	Tigers trust OAA	Tigers trust OAA	Games Tennis	Games Striking and fielding (Chase the batter)
Year 4	PE	Swimming	Swimming	Dance (workout!)	Gymnastics (solo sequence)	Gymnastics (apparatus sequence)	Athletics (Pentathlon)
	Games	Games Striking and fielding (Quick cricket)	Tigers trust Invasion (No tackle hockey)	Athletics (cross country)	Games Tennis	Tigers trust OAA	Tigers trust OAA
Year 5	PE	Dance (Tell me a story)	Gymnastics (solo sequence)	Gymnastics (apparatus sequence)	Dance (Yoga teachers)	Athletics (personal best)	Athletics (Septathlon)
	Games	Tigers trust Invasion (Football)	Athletics (cross country)	Tigers trust OAA	Tigers trust OAA	Games Striking and fielding (Rounders)	Games (Volleyball)
Year 6	PE	Dance (fitness performance)	Gymnastics (solo sequence)	Gymnastics (apparatus sequence)	Gymnastics (group sequences)	Athletics (personal best)	Athletics (team events)
	Games	Games Striking and fielding (invent a game)	Tigers trust Invasion (Hockey)	Invasion games (Tag rugby)	Games Tennis	Tigers trust OAA	Tigers trust OAA