

Burlington Junior School Sports Premium 2023-24

The P.E and sport premium is designed to help primary schools improve the quality of the P.E and sport activities they offer their pupils.

At Burlington Junior School, we value the role that PE and sport plays in both the curriculum and the wider life of our school community and appreciate the potential it has to change young people's lives for the better.

We have welcomed the Government's announcement to provide additional funding until at least 2024/25 to improve provision of physical education and sport in primary schools. We are committed to using this resource in developing high quality PE lessons, alongside greater opportunities for sporting competitions and clubs for all our young people. This funding is ring-fenced and therefore can only be spent on provision of P.E and sport in schools.

Funding for schools will be calculated by the number of primary aged pupils (between the ages of 5-11). All schools with 17 or more primary aged pupils will receive a lump sum of £16,000 plus a premium of £10 per pupil. Smaller schools will receive £1000 per pupil. Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

For example, you can use your funding to:

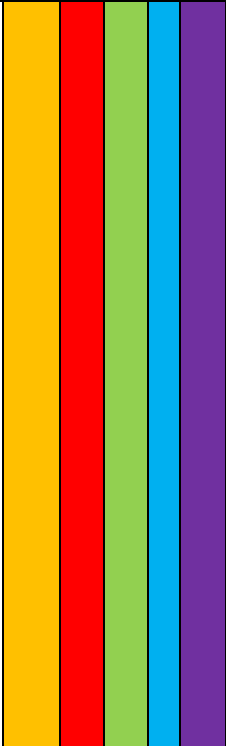
- Hire qualified sports coaches to work with teachers
- Provide existing staff with training or resources to help them teach P.E and sport more effectively.
- Introduce new sports or activities and encourage more pupils to take up sport.
- Support and involve the least active children by running or extending school sports clubs and Change4Life clubs
- Run sports competitions
- Increase pupils' participation in the School Games

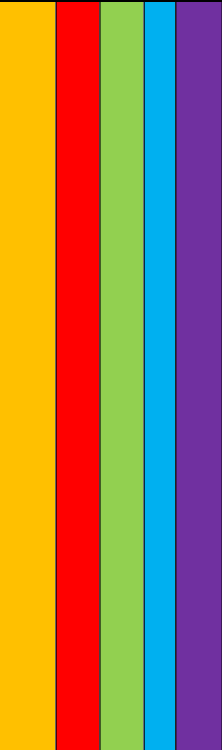
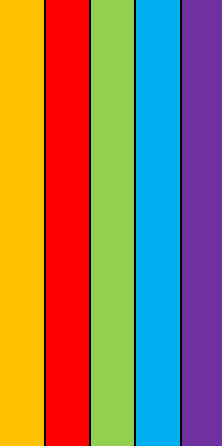
- Run sports activities with other schools.

The total allocation for Burlington Junior School is £19063 based on 292 pupils on role 1/9/23 (305 pupils including additions during the academic year)

remaining from 22/23 16,493.40

It is expected that schools will see an improvement against the following 5 key indicators:	
The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles	
The profile of PE and sport being raised across the school as a tool for whole school improvement	
Increased confidence, knowledge and skills of all staff in teaching PE and sport	
Broader experience of a range of sports and activities offered to all pupils	
Increased participation in competitive sport	

Sports premium funding proposed expenditure				Indicators	Impact (on-going updates)
Aims	Timescale and cost	Success criteria			
To be involved in the local school sports partnership	All year £3500	<ul style="list-style-type: none"> Part of a large and long established PE and School Sport Network including partnership wide planning meetings and cluster meetings. Online access for PE and School sport resources via www.thessp.org.uk Funded membership with the YST for access to National CPD and online resources. Access to a broad range of locally organised inter-school competition through our PDM. A CPD programme for teachers including whole school training through the SSCO team. 		<ul style="list-style-type: none"> SSCO delivered lower KS2 Inter cross-country competition in autumn term. Burlington have attended an array of sports competitions through the partnership: football, rugby, cross country, quad kids, indoor athletics, boccia, cricket, golf, panathlon (SEND) Three targeted areas in the curriculum: GM attended dance CPD workshop and gave feedback within staff meeting. New sports leaders training and delivered a boccia tournament to SEND in lower KS2. 	

		<ul style="list-style-type: none"> • One to one guidance on three targeted areas e.g. curriculum. • Annual awards ceremony to provide recognition in PE and Sport for pupils of all levels. • SSP STARS Academy programme for pupils that excel in PE. • Inset coaching and professional development sessions delivered by East Riding Sports Development. <ul style="list-style-type: none"> • Further opportunities via SSP NGB investment (golf, volleyball, cricket, pentathlon) 		<ul style="list-style-type: none"> • Ivan Oliver delivered golf festivals to each year group during the spring term. • SSP award ceremony: Burlington gained 1st place Active school, DF 1st place commitment to extra-curricular clubs, 1st place Burlington Cricket club outstanding team, Runner up Burlington Panathlon team, SB Outstanding performance in PE, MY + MY runner up commitment to extra-curricular clubs. • Achieved PLATINUM sports mark for 23-24.
<p>To use the expertise of Tigers Trust to further support and develop the teaching of PE.</p> <p>To give children further opportunities to participate in inter-school competitions.</p>	<p>£9000</p>	<ul style="list-style-type: none"> • To improve physical wellbeing of pupils. • To improve mental wellbeing of pupils. • To inspire and engage pupils. To develop the skills and knowledge of pupils. 		<p><u>PLPS Staff Member Quote</u></p> <p>The energy from stepping foot in the building is extremely positive! The same friendly smiles, positive attitudes and enthusiasm from staff and pupils make me feel like part of the school's family. These same aspects are reflected within the learning of both staff and pupils throughout the school. It has been an absolute pleasure to work closely with such great people.</p>

- To improve the confidence and self-esteem of pupils.
- To improve the skills, knowledge, and confidence of teachers in delivering PE and school sport.

PE Coordinator Quote – Kerry Christlow

Burlington have had another successful year working alongside Tigers Trust to develop our PE curriculum sessions. Not only have they enabled teachers to develop their cpd in certain areas they have inspired children physically, emotionally and academically. Having formed positive relationships amongst staff and children, Tigers Trust coaches are part of every day school life at Burlington School. They have helped children develop their reading on a daily basis, supported children who often struggle in school with their interventions such as Moving Minds, encouraged children in PE lessons, and given others the confidence to join after school clubs and compete in competitions. We look forward to continuing our journey with them

Acting Headteacher Quote – Louise Kirby

Tigers Trust coaches have had an extremely positive impact on both school staff and pupils. They have delivered innovative and engaging PE sessions which have motivated our pupils and encourage teamwork, communication and collaboration. By observing the coaches and participating in team teaching, school

									staff have enhanced their own expertise, been inspired and motivated, resulting in higher quality teaching and learning of PE across the whole school.
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PE Lesson Details

Within the 2023-24 academic year the Tigers Trust has worked closely with all pupils and 13 members of teaching staff at Burlington Junior School.

Tigers Trust Quote

Over the year we have delivered session with 13 different classes in 4 different year groups. During the autumn term we worked with classes 1, 2, 4, 5, 7, 8, 11, 12 focusing on invasion games. It was fantastic to see the pupils to develop their skills, demonstrated in a range of different games. Developing skills such as evading opponents, attacking and defending tactics, game-based transitions, teamwork, communication, problem solving, passing, shooting and many more.

During the spring terms we also worked with classes 3, 6, 9, 10, 13 on invasion games developing the skills mentioned above, then applying them in game-based situations and competitions. We also worked

closely with classes 1, 4 and 11 focusing on outdoor and adventurous activities (OAA). This included extremely important life skills such as problem solving, included map reading, teamwork, directional language, map interpretation, navigation, and communication skills.

Throughout the summer term we worked with classes 2, 3, 4, 5, 6, 7, 8, 9, 10, 12 and 13 focusing on OAA again but developing the skills mentioned above even further. Then testing these skills out using competition-based activities to showcase their new skills.

Case Study

At Burlington Junior School, there was one passionate, young boy in Year 6 who made significant progress across the year which was noticed by all.

Child A began his time in year 6 in his words “I had a stinking attitude towards school, teachers, friends and family. I hated listening in school unless it was PE and I only wanted to talk to my friends.” This attitude resulted in Child A losing friends, struggling to focus in school and missing out on opportunities to do the things he wanted due to his behaviour which made him unhappy. Child A displayed poor

				<p>sportsmanship during the one sport he was mainly passionate about – football.</p> <p>Upon discussing with Child A his aspirations, he expressed that he would like to be a professional footballer. Working closely with Child A, we agreed on the things that future coaches/ scouts will be looking for in a player and the importance of a positive attitude. We developed a behaviour stamp checklist to promote a better attitude and choices. Child A’s class teacher enforced the rules of the checklist and rewarded him when he achieved a full stamp list.</p> <p>After working closely with Child A, he became more consistent with his new positive attitude. This attitude was reflected in the classroom, on the pitch and at home. His relationship with his mother improved as well as his relationship with his class teacher and his peers. This new and improved mindset unlocked more drive for him to improve his physical skills in football alongside working on his new positive attitude. Child A spent extra hours training, researching and observing anything to do with football. On a weekend Child A is now a starting player for most of his games and he is being moved into his preferred position due to his hard work and persistence putting in extra hours to improve his skills in all areas.</p>
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							<p>Child A remained focussed during school and at home resulting in him making significant progress socially with his peers and family at home making him a happier person all round. He stated “My attitude has improved in and out of school. I also have more friends as well, making me so much happier.” Child A’s story is an inspiration to all, warming the hearts of the staff who have worked so closely with him it is a pleasure to see the incredible young man he has turned out to be.</p>
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Additional information

Alongside their weekly PE lessons, pupils at Burlington Junior School also had the opportunity to partake in 2 extra-curricular clubs. In all autumn, spring and summer terms we ran a dodgeball after school club on a Monday, developing dodging, throwing, catching, game tactics and teamwork skills through game-based situations.

Running alongside this club, we ran a football after school club on a Thursday. This club alternated between years 3&4 and 5&6. Many skills such as passing, tackling, shooting, attacking, defending,

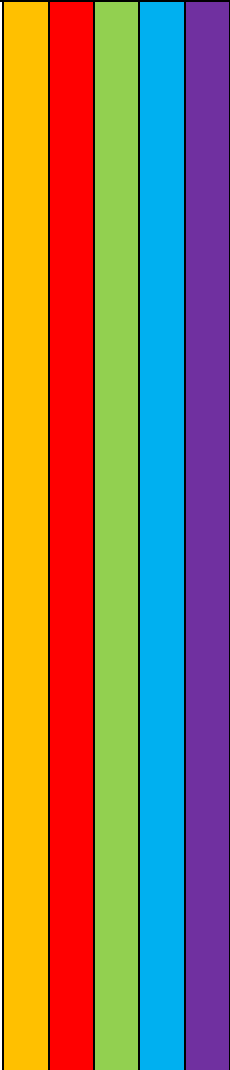
teamwork, problem solving and communication were developed.

Another way we supported pupils was through Maths/English support/ Reading Interventions with Tigers Trust staff. This involved pupils in small groups or 1 to 1 working with a coach in their usual lessons, allowing them to work with someone outside of their usual classroom environment on a weekly basis, maintaining engagement.

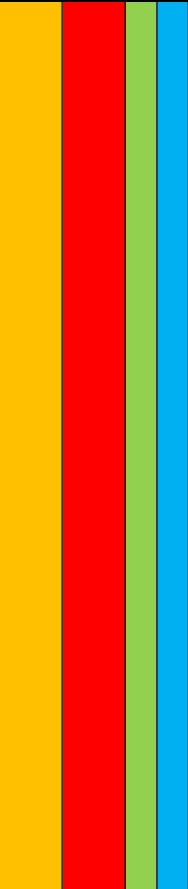
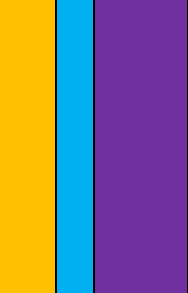
Workshops were also put on for World Book Day, these were around inspirational characters in books as well as people in everyday life and the value they bring to other people's lives. Winners of our workshop competitions received a free book of their choice. Well done to all the fantastic stories of all pupil's inspirational people in their lives, it has been a true inspiration.

Competitions

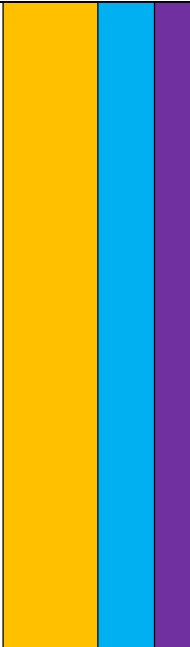
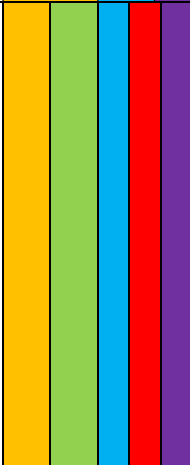
Pupils in Year 5 and 6 at Burlington Junior School (BJS) also took part in football competitions run by Tigers Trust for the EFL cup. The competition very competitive throughout and team BJS put in a very spirited performance throughout- well done to all involved!

				<p>Team BJS also went head-to-head with a local school called Martongate in a dodgeball competition held at Martongate School. With a very motivated, competitive team, team BJS demonstrated excellent dodgeball skills along with great respect and sportsmanship. We pushed through against 3 tough teams, implemented our tactics, showed our determination and grit to pull through and get the win for team Burlington.</p> <p><u>Teacher CPD attended or done through PE lessons</u></p> <p>Whilst delivering PE lessons, 13 different teaching staff worked closely with myself to develop their own skills within PE delivery. All teachers were fully involved, actively observing for the first 2 weeks of their support, delivering warm-ups in weeks 3&4 of their training then blossoming into their confidence to lead full PE lessons in week 5&6 learning different assessment techniques, delivery styles and methods to implement differentiation within these lessons. All knowledge from our coaches was available for the teachers to have access to in order to continuously develop.</p>
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				<p>Teaching staff complete a Pre-support discussion guide and a post-support discussion guide outlining their confidence within certain areas of PE delivery.</p>
<p>To use the expertise of HSSS to further support and develop the teaching of PE.</p> <p>To offer an extra-curricular gymnastic club to children</p>	<p>£5362.47</p>	<ul style="list-style-type: none"> • PE support by specialist gymnastic coaches (each class with have a 5/6 hour gymnastic unit delivered to them) • Confidence of staff will grow in gymnastics, which was highlighted as one of the least confident areas of the curriculum to deliver by staff, enabling them to deliver high quality session which will challenge pupils' performance in PE. • Gymnastics a fantastic starting point for life in general, as it can improve coordination, muscle development as well as maximising social skills and team work. • The sessions will improve the pupils confidence to try new things. 		<p>Impact report provided by HSSS:</p> <p>During the 2023-2024 Academic School Year we at HSSS were asked by Burlington Junior School to develop their children's Core Gymnastics Skills. Our focuses over the year with each year group where too:</p> <ul style="list-style-type: none"> - Rolling - Rotating - Jumping - Landing - Dynamic Balancing - Static Balancing of various body parts - Developing a Handstand - Strength and flexibility development and understanding - Creating routines independently and as a group - Using and moving equipment safely - Vaulting - Learning Basic shapes - Climbing and Exploring. To Develop these Core skills HSSS used their progressive plans that work from Unit 1 to Unit 6 where each Unit differs with ability - depending on ability and age of the children the coach was working with. HSSS also aided the teachers and staff of Burlington Junior School to develop their own ability and knowledge of how to teach and develop gymnastics safely whilst also learning safe supporting techniques so they can continue to develop their children ability after the HSSS sessions have finished. During each Unit the children complete an age and

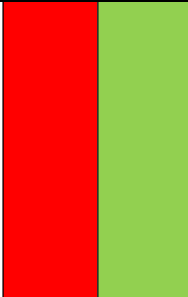
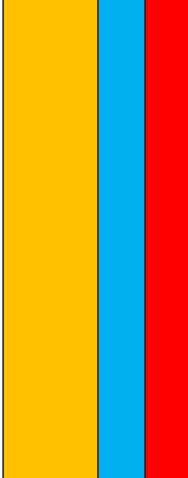
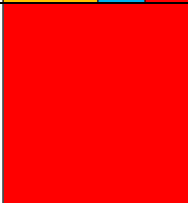
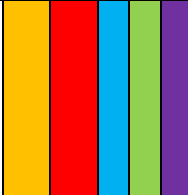
		<ul style="list-style-type: none"> Children may get involved in gymnastics outside of a schooling environment. 		<p>ability dependent sequence/routine session where they either create and perform in groups or as individuals. These are used to develop confidence and ability to memorise sequences. Overall, the children and staff and Burlington Junior School have shown great development throughout the year meaning all children are able to now move up the Unit's in the following year.</p> <ul style="list-style-type: none"> Children have been able to access the Active club on a lunch time. Weekly extra-curricular gymnastic club has enabled children to learn new skills/ extend previously learnt skills.
To offer an array of sports into our extra-curricular provision	£1260	<ul style="list-style-type: none"> Children throughout the school will have the opportunity to try new sports taught by ERCAS accredited coaches that are funded by the school. 		<ul style="list-style-type: none"> Ivan Oliver has delivered a weekly extra-curricular Golf club across school. Children have joined Belvedere Golf Club in their own time to develop their skills and love of the sport.

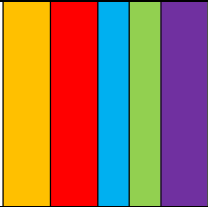
		<ul style="list-style-type: none"> Establish links for the school with a range of sports clubs. 			
To purchase new sports equipment in line with our PE curriculum and for extra-curricular clubs in line with the government active 30.	£3790.74	<ul style="list-style-type: none"> Teachers can effectively deliver the curriculum which will ensure high quality lessons are being taught. All children will have use of a wide variety of brand-new sports equipment Children can practise with appropriate equipment for sports events. 			<ul style="list-style-type: none"> All children have had to access to 2 hours curriculum PE with high quality resources. The purchase of new basketball hoops has enabled a new extra-curricular basketball club to be started this academic year. New equipment purchased for the extra-curricular gymnastic club has enabled children to extend their learning and practise new skills.
To ensure equipment is safe for use.	£132.00	<ul style="list-style-type: none"> All sports hall, trampolining, gymnasium, P.E. and gymnastics equipment must only be used by suitably trained and qualified personnel and all such equipment must be visually inspected by the suitably trained personnel prior to each use. 			<ul style="list-style-type: none"> Children have been able to complete PE lessons and the take part in the gymnastic club using equipment that is deemed safe to use.
To provide transportation to external events	£180.00	<ul style="list-style-type: none"> Children are able to attend external competitions held by the school sports partnership 			<ul style="list-style-type: none"> The Panathlon team were able to attend the level 2 bowling event they qualified for that took place in hull and came 5th overall.

<p>To raise the profile of the 2024 Olympic games and provide children with new physical activities</p>	<p>£545.00</p>	<ul style="list-style-type: none"> • Make children aware and give them an insight of the upcoming Paris 2024 Olympic games. • Give the children different cultural experiences. 		<ul style="list-style-type: none"> • All children participated in a 40 minute dance workshop dedicated to a chosen country involved within the Paris Olympics: Year 3: Spain Class 4 and ½ class 5: Brazil Class 6 and ½ of class 5 : India Class 7 and 8 : Greece Class 9 and 10: Ghana Class 11 and ½ of 12: France Class 13 and ½ of class 12 : USA • Children participated in a whole school Olympic ceremony to showcase their country and chosen dance to each other.
<p>To install a new orienteering course that provides cross-curricular links and promotes outdoor learning as well as physical activity.</p>	<p>£2880</p>	<ul style="list-style-type: none"> • Enrich Education’s School Orienteering and Outdoor Learning packages provide the infrastructure, resources and knowledge to support physical activity across the whole curriculum. 		<ul style="list-style-type: none"> • Bespoke School Orienteering Maps of Burlington Junior School created: A range of IOF approved editable and fixed maps created quickly and professionally by an experienced team of cartographers. • Orienteering Markers : All markers IOF approved, and made with highly durable weatherproof aluminium installed on school site: 15 orienteering control markers/10 blank digital course markers/ 10 phonics course markers (aimed for RWi children)

				<ul style="list-style-type: none"> Burlington have access to their own account on Enrich's digital platform – the School Orienteering and Outdoor Learning Hub. This platform gives access to: Burlington's personalised content (maps, orienteering courses cards), free seasonal activities (e.g. world book day and sports week) and 400+ crosscurricular lessons and resources. Staff received CPD training during staff meeting on how to use the online resource hub and how to utilise them effectively on the courses ready to use with classes where possible (promoting physical activity and outdoor learning).
To purchase a new scheme of work for curriculum PE	£250	<ul style="list-style-type: none"> A re-imagined scheme of learning that puts the emphasis on teacher ownership and offers complete flexibility within a unique framework for the delivery of PE. 		<ul style="list-style-type: none"> KC purchased and installed new scheme of work on the shared area for teachers to begin to look over ready for our curriculum CPD journey in 2024-25.
To begin a whole school PE curriculum CPD journey.	£3600	<ul style="list-style-type: none"> To redesign the PE long term plan To raise staff confidence in delivering PE sessions in areas they are not confident in. To map out a journey to help raise the profile of the PE curriculum across the school. 		<ul style="list-style-type: none"> KC audited school staff and Owen Denovon from Primary steps in PE (introduced through the sports partnership) spent a day in school delivering PE lessons on what they wanted to see and to show them how/ what they could do to deliver a good lesson. Positive feedback was received from this from staff.

				<ul style="list-style-type: none"> • KC had numerous meetings with Owen Denovon looking over PE long term plan and re-designing it ready to continue our CPD journey. • Created a timeline of events to help teacher plan/ deliver/ evaluate lessons for 24-25.
To raise the profile of sports leaders across school.	£217.18	<ul style="list-style-type: none"> • To help promote the government Active 30:30 initiative. 		<ul style="list-style-type: none"> • New sports leaders trained through the sports partnership. • Sports leader rota created for children to carry out activities with the Year 3 and 4 children on a lunch time. • Children given sports leaders hoodies to make them easily identifiable to other children so they can join in activities on a lunch time with them. • KC purchased new resource cards for activities for the sports leaders to do with children on a lunch time.
To give children the opportunity to take part in new active experiences	£1172	<ul style="list-style-type: none"> • To give children new experiences of physical activity outside of school. 		<ul style="list-style-type: none"> • All children attended a 90-minute splash zone session at ERL.
To provide competitive opportunities for children in sport.	£98.60	<ul style="list-style-type: none"> • To encourage children to have fun, get active and work together in various sporting challenges. 		<ul style="list-style-type: none"> • KC organised a competitive sports day for year 3 & 4 and 5 & 6. • Children allocated 1st/2nd/3rd place stickers

<p>To increase the software provision for promotion of school sport</p>	<p>£350</p>	<ul style="list-style-type: none"> • Raise the profile of school sport via social media platforms. • Upskill the children to utilise the software within PE lessons. 		<ul style="list-style-type: none"> • Purchase of Adobe Cloud software to help develop graphic design, slideshows, video development and web developments for school sport. • Liaise with Alex Stead (ICT co-ordinator) to give training next year to encourage children to use it within PE lessons.
<p>To increase the provision for outdoor learning.</p>	<p>£520.25</p>	<ul style="list-style-type: none"> • To provide regular, frequent, enjoyable and challenging opportunities for all children and young people to learn outdoors throughout their school career • To encourage teachers to embed outdoor learning in the curriculum so that learning in the outdoor environment becomes a reality for all children and young people. 		<ul style="list-style-type: none"> • Matthew Clark (outdoor learning co-ordinator) purchased a variety of new equipment for play times to encourage to work collaboratively during particular challenges.
<p>To promote a love for reading through sport.</p>	<p>£144.24</p>	<ul style="list-style-type: none"> • To use the excitement and passion surrounding sport to motivate and inspire young people to improve their literacy skills. 		<ul style="list-style-type: none"> • KC purchased a variety of books to update the sport section in the library: Little people, big dream books focus on individual sports peoples lives and ultimate football heroes books.
<p>To incorporate the use of ICT within PE lessons.</p>	<p>£2495.85</p>	<ul style="list-style-type: none"> • To incorporate the use of ICT in PE lessons to enable children to evaluate and improve their performances in lessons. 		<ul style="list-style-type: none"> • KC to give further training on the use of ICT in PE lessons in 24-25.

			 <ul style="list-style-type: none"> • I pads to be used in conjunction with the new Enrich orienteering resources and promotion of outdoor learning activities. • To develop a new Burlington Media Club.
*Please note timescales/costs stated are part of this years' forecast and therefore estimated and subject to change.			
Proposed expenditure (2023/2024)	£ 35498.33		

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	30%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	23%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	21%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for	No due to the leisure centre not being able to accommodate us as they have no coaches

activity over and above the national curriculum requirements. Have you used it in this way?	
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