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Jigsaw knowledge and skills progression: Changing Me Ages 3-11(12)

different year group. Jigsaw, the mindful approach to PSHE is a progressive and spiral scheme of learning. In planning the lessons, Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the Changing Me Puzzle (unit of work) including key vocabulary introduced this year and suggestions for Family Learning. Please ask your child's school for details of any adaptations they have made to the programme in line with their school policy as some content and vocabulary may have been changed or be taught in a

Notes for		Ages 7-8	R	
	 Growing up Know that in humans a mother carries the baby in her uterus (womb) and this is where it develops Know that babies need love and care from their parents/carers Know some of the changes that happen being a baby and a child Know that the male and female body needs to change at puberty so their bodies can make babies when they are adults Know some of the outside body changes that happen during puberty Know some of the changes on the inside that happen during puberty This Puzzle (Puzzle) begins with an exploration about babies and females. They learn that puberty is a natural part of growing up and there are opportunities for them to seek reassurance i key vocabulary that may be introduced Key vocabulary that may be introduced Can express how they fee babies and what may be introduced Can identify stereotypical challenge these ideas e.g. Mum who does the laund between being a baby and a child Can identify stereotypical challenge these ideas e.g. Mum who does the laund between being a baby and a child Can identify stereotypical challenge these ideas e.g. Mum who does the laund between being a baby and there are opportunities for them to seek reassurance i Key vocabulary that may be introduced 	 Know that in animals and humans lots of changes happen between conception and 	Knowledge	
School	 Grow that in humans a mother carries the bring to a family Know that in humans a mother carries the baby in her uterus (womb) and this is where it develops Can express how they feel about puberty Can serves how they feel about puberty if they have any worries Know some of the changes that happen being a baby and a child Know that the male and female body needs to changes that happen during puberty so their bodies can make babies when they are adults Know that the male and female body needs to changes that are going to happen to you as you grow up? How does the laundry to does the laundry to does the laundry are going to happen to you as you grow up? Know that the during puberty is intenduced. Children hamange fueloging thanges and the about babies and what they need to grow and develop including parenting. Children learn that it is the female have aging to make a baby when growing up. Inside body changes are exportation about babies and the birth of the baby is nature. This leads onto lessons where puberty is introduced. Children learn that it is the female have aging to make a baby when growing up. and there are opportunities for them to seek reassurance if anything is worying them. Key vocabulary that may be introduced Birth, Animals, Babies, Mother, Uterus, Vagina, Stereotypes, Task, Roles, Challenge. 	 Can express how they feel about babies Can describe the emotions that a new baby can 	Social and Emotional Skills	
	 Can we talk about some of the changes that are going to happen to you as you grow up? How do you feel about these changes? Do you have any questions about the changes that are going to happen to you as you grow up? Iding parenting. Children learn that it is the female uced. Children first look at the outside body changes ing their bodies ready to make a baby when growness year group. Children discuss how they feel about term. Ie, Female, Testicles, Sperm, Penis, Ovaries, Egg, 	 Can you tell me about some of the changes that happen to a puppy / kitten / baby as they grow 	Questions for Family Learning	