

Sports Premium

The P.E and sport premium is designed to help primary schools improve the quality of the P.E and sport activities they offer their pupils.

At Burlington Junior School, we value the role that PE and sport plays in both the curriculum and the wider life of our school community and appreciate the potential it has to change young people's lives for the better.

We have welcomed the Government's announcement to provide additional funding until 2020 to improve provision of physical education and sport in primary schools. We are committed to using this resource in developing high quality PE lessons, alongside greater opportunities for sporting competitions and clubs for all our young people. This funding is ring-fenced and therefore can only be spent on provision of P.E and sport in schools.

Funding for schools will be calculated by the number of primary aged pupils (between the ages of 5-11). All schools with 17 or more primary aged pupils will receive a lump sum of £16,000 plus a premium of £10 per pupil. Smaller schools will receive £1000 per pupil. Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

For example, you can use your funding to:

- Hire qualified sports coaches to work with teachers
- Provide existing staff with training or resources to help them teach P.E and sport more effectively.
- Introduce new sports or activities and encourage more pupils to take up sport.
- Support and involve the least active children by running or extending school sports clubs and Change4Life clubs
- Run sports competitions
- Increase pupils' participation in the School Games

- Run sports activities with other schools.

The total allocation for Burlington Junior School is £19060 based on pupils on role

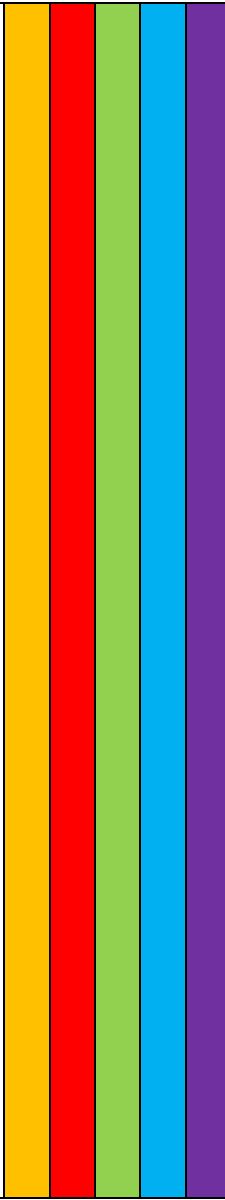
13,366.57 remaining from 21/22

It is expected that schools will see an improvement against the following 5 key indicators:	
The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles	
The profile of PE and sport being raised across the school as a tool for whole school improvement	
Increased confidence, knowledge and skills of all staff in teaching PE and sport	
Broader experience of a range of sports and activities offered to all pupils	
Increased participation in competitive sport	

Sports premium funding proposed expenditure					
Aims	Timescale and cost	Success criteria	Indicators		Impact (on-going updates)
To be involved in the local school sports partnership	All year £3000	<ul style="list-style-type: none"> Part of a large and long established PE and School Sport Network including partnership wide planning meetings and cluster meetings. Online access for PE and School sport resources via www.thessp.org.uk Funded membership with the YST for access to National CPD and online resources. Access to a broad range of locally organised inter-school competition through our PDM. A CPD programme for teachers including whole school training through the SSCO team. 			<ul style="list-style-type: none"> KC receives continuous developments within the PE curriculum and sports premium at conference that is then implemented within school. Children took part in both a wide range of intra and inter school competitions. Panathlon events were successful with SEND children in Burlington Tailored mentoring from SSCO to help Burlington.

		<ul style="list-style-type: none"> • One to one guidance on three targeted areas e.g. curriculum. • Annual awards ceremony to provide recognition in PE and Sport for pupils of all levels. • SSP STARS Academy programme for pupils that excel in PE. • Inset coaching and professional development sessions delivered by East Riding Sports Development. • Further opportunities via SSP NGB investment (golf, volleyball, cricket, pentathlon) 		
<p>To use the expertise of Tigers Trust to further support and develop the teaching of PE.</p> <p>To give children further opportunities to participate in inter-school competitions.</p>	<p>£8000</p>	<ul style="list-style-type: none"> • PE Support (6-8 hours per class) which includes all planning and resources. The progress of all children in PE will be improved. • The use of team teaching to include members of staff to actively engage and participate in lessons • Confidence of staff will grow in multi skills enabling them to deliver high quality session which will challenge pupils' performance in PE 		<p><u>Impact</u></p> <p>The Impact of our activities in school during this year is shown below:</p> <p>90% pupils said their confidence or ability in PE had gone up since working with the Tigers Trust.</p> <p>99% of pupils said they felt sessions were engaging and left feeling inspired. 90% of pupils reported an increase in confidence.</p>

- Unlimited access to teacher training workshops arranged in the cluster, linking to key areas such as assessments, differentiation, and 'How to impress OFSTED'.
- Cross curricular links within maths and English using PL Primary Stars resources to inspire children.
- Key values in sport promoted through PSHCE links via 6 assemblies.
- STARR awards ceremony with certificates and prizes
- 8 x soccer school places
- 8 x match tickets
- Lunch time and after school extra-curricular clubs provided to children.
- Moving minds- targeting selected children.
- Our school will also have an active link with Tigers trust in order to identify children for talent pathways.



89% of pupils stated they had improved mental wellbeing after taking part in physical activity with Tigers Trust.

100% of teachers who have had CPD marked an increase in at least one area of their knowledge or skills

The trust trained 20 play leaders. They all developed their understanding of leading others, communication, and responsibility. Students in school described the Tigers Trust as funny, kind and caring.

Some pupils stating "I love how everyone is so kind and they show everyone believes in each other" others saying "I think Tigers Trust is great fun and it is really great exercise."

Programmes

As well as their weekly PE lessons, children at Burlington Junior School have had the opportunity to take part in 2 extracurricular clubs run by the Tigers trust. In the Autumn, Spring and Summer terms we ran a dodgeball after school club for years 3, 4, 5, 6 on a Monday alongside running a football after school club for years 3, 4, 5, and 6. During these clubs, children had a chance to improve their skills

- All children will have the opportunity to participate in extracurricular sport and compete against other schools in our area that are involved in the Tigers Trust scheme.

such as throwing catching, dodging, passing, shooting, tackling, decision making, teamwork and collaboration, whilst also having the chance to apply this into match situations. During half term number 1, we delivered a 6 week Playleaders programme with 20 students in year 5. Children learnt how to communicate and lead groups of other children, whilst planning sessions that others could take part in. This meant that the Playleaders could deliver sessions to small groups of children on the playground, using what they had learnt to deliver fun, safe and engaging games. During autumn 2, Tigers trust staff spoke to children in an assembly regarding careers in sport. This involved a presentation explaining the opportunities in sport and at the Tigers Trust for children who may want to get involved in the sector in the future followed up by a question and answer. A pupil in year 5 has been involved in both of the after school clubs we have run during the year, as well as curriculum PE and the play leaders programme. When asked about the impact the activities have had on this pupil, he said "I like the clubs because they're very fun and I get to play with my friends but it is also easy to learn the skills and apply them into a game situation." Pupils from

								<p>Burlington Junior School also had the opportunity to take part in maths/English support/ reading interventions with Tigers Trust staff. This involved pupils in small groups or 1 to 1 working with a coach in their usual lessons, allowing them to work with someone outside of their usual classroom environment on a weekly basis. The children showed a fantastic attitude to learning, with some pupils who may not engage in lessons looking forward to the next session, especially if they are keen on sport. Children at Burlington Junior School took part in workshops for World Book Day. These workshops looked at inspirational characters and people, as well as why they are inspirational to them. Winners of the activity delivered got to choose books as prizes.</p>
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Competitions

Pupils in year 5 and 6 at Burlington Junior School (BJS) also took part in football competitions run by Tigers Trust for the EFL cup. The competition took place at Bridlington Sports hall and was very competitive throughout. Team BJS put in a very spirited performance throughout.

Teacher CPD

				<p>During PE lessons, we worked with 14 different members of staff throughout the year. All teachers who took part were fully involved in all of their sessions and were introduced to new sessions, warm ups and assessment techniques for them to use in their own lessons when teaching PE. They also had the opportunity to access the knowledge of our coaches for continuous development, even when not being supported by the coaches in PE Lessons. After handing out questionnaires to teachers that we work with at both the start and end of a half term, 14 teachers had shown an improvement when asked whether they have improved in their PE delivery, 13 teachers had shown improvement when asked if their confidence has increased when teaching PE, and they had also shown improvement when asked whether they have improved their knowledge around differentiation in PE. When speaking to Mrs. Christlow, PE coordinator about the impact of our teacher support, she said: “children have benefitted both academically and physically via the various delivery of activities”</p>
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<p>To use the expertise of HSSS to further support and develop the teaching of PE.</p> <p>To offer an extra-curricular gymnastic club to children</p>	<p>£5308.55</p>	<ul style="list-style-type: none"> • PE support by specialist gymnastic coaches (each class with have a 5/6 hour gymnastic unit delivered to them) • Confidence of staff will grow in gymnastics, which was highlighted as one of the least confident areas of the curriculum to deliver by staff, enabling them to deliver high quality session which will challenge pupils' performance in PE. • Gymnastics a fantastic starting point for life in general, as it can improve coordination, muscle development as well as maximising social skills and team work. 		<p>Impact report provided by HSSS:</p> <p>During the 2022-2023 Academic School Year we at HSSS where asked by Burlington Junior School to develop their children's Core Gymnastics Skills. Our focuses for the school where: - Rolling - Rotating - Jumping - Landing - Dynamic Balancing - Static Balancing of various body parts - Developing a Handstand - Strength and flexibility development and understanding - Creating routines independently and as a group - Using and moving equipment safely - Vaulting - Learning Basic shapes - Climbing and Exploring. To Develop these Core skills HSSS used their progressive plans that work from Unit 1 to Unit 6 where each Unit differs with ability - depending on ability and age of the children the coach was working with. HSSS also aided the teachers and staff of Burlington Junior School to develop their own ability and knowledge of how to teach and develop gymnastics</p>

		<ul style="list-style-type: none"> The sessions will improve the pupils confidence to try new things. Children may get involved in gymnastics outside of a schooling environment. 				<p>safely whilst also learning safe supporting techniques so they can continue to develop their childrens' ability after the HSSS sessions have finished. Overall the children and staff and Burlington Junior School have shown great development throughout the year meaning all children are able to now move up the Unit's in the following year.</p>
To offer an array of sports into our extra-curricular provision	£1263	<ul style="list-style-type: none"> Children throughout the school will have the opportunity to try new sports taught by ERCAS accredited coaches that are funded by the school. Establish links for the school with a range of sports clubs. 				<ul style="list-style-type: none"> Children participated in a regular golf club and created connections with Belvedere golf club. Children also had access to dodgeball, football and gymnastics club (costs included in Tigers trust and HSSS)
To purchase new sports equipment in line with our PE curriculum.	£1387.12	<ul style="list-style-type: none"> Teachers can effectively deliver the Rising stars curriculum which will ensure high quality lessons are being taught. All children will have use of a wide variety of brand new sports equipment 				<ul style="list-style-type: none"> New gymnastic mats purchased to provide children/ staff with equipment for the curriculum and extra-curricular clubs. Sports day equipment purchased to ensure children participated in their annual school event.

		<ul style="list-style-type: none"> Children can practise with appropriate equipment for sports events. 			
To ensure equipment is safe for use.	£107.82	<ul style="list-style-type: none"> External agency to provide risk assessment and checks on equipment 			<ul style="list-style-type: none"> Children are provided with a safe environment for both curricular and extra-curricular activities.
To provide transportation to external events	£150.00	<ul style="list-style-type: none"> Children are able to attend external competitions held by the school sports partnership 			<ul style="list-style-type: none"> A team of Year 3 & 4 and 5 & 6 children attended the annual inter-school tri golf competition at Flamborough golf club during the school day.
*Please note timescales/costs stated are part of this years' forecast and therefore estimated and subject to change.					
Proposed expenditure (2022/2023)	£ 19216.49				

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	56%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	39%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	28%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No due to the leisure centre not being able to accommodate us as they have no coaches