

Burlington Junior School

Shaping Positive Futures

Headteacher:

Mrs A Beckett BEd Hons

Deputy Headteacher:

Mrs L Kirby BA Hons



Marton Road
Bridlington
East Yorkshire
YO16 7AQ

Achieving Our Full Potential

Tel: (01262) 674487

Email: burlington.juniors@eastriding.gov.uk

Website: www.burlingtonjuniorschool.org

Wednesday 26th May, 2021.

Dear Parents/Carers,

As a part of your child's education at Burlington Junior School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over a period of seven weeks, starting Monday 7th June, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons in year 3 will include pupils learning about:

- how, in animals and humans, lots of changes happen between conception and growing up, and that usually it is the female who has the baby.
- how babies grow and develop in the mother's uterus.
- how boys' and girls' bodies change on the outside and the inside during this growing up process (correct terminology).
- some stereotypical ideas about parenting and family roles.
- what they are looking forward to when they move to their next class.

We would like to reassure parent that PSHE education is taught weekly throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Further details can be found on the school website on the link below and parents are encouraged to look at the content for their child's year group on the progression document for further details:

<https://burlingtonjuniorschool.org/pshe/>

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, please contact the school.

Yours sincerely

A. Beckett

S. Campleman (PSHE Co-ordinator)



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- how a person's characteristics have come from their birth parents and that this happens because they are made from the joining of their egg and sperm.
- the correct labels for the internal and external parts of male and female bodies that are necessary for making a baby.
- how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a part of this.
- how the circle of change works and how to apply it to changes they want to make in their lives.
- what they are looking forward to when they move to their next class.

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- being aware of their own self-image and how their body image fits into that.
- how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.
- how sexual intercourse can lead to conception and that is how babies are usually made.
- how sometimes people need IVF to help them have a baby.
- what they are looking forward to about becoming a teenager and to understand this brings growing responsibilities (age of consent.)
- what they are looking forward to when they move to their next class.

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- being aware of their own self-image and how their body image fits into that.
- how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.
- how a baby develops from conception through the nine months of pregnancy, and how it is born
- how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.
- being aware of the importance of a positive self-esteem and what they can do to develop it.
- what they are looking forward to when they move to their new school and any worries that they have.

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