

COVID-19: Interpreting government advice in relation to PE and school sport

Schools have the flexibility to decide how physical education, sport and physical activity will be provided whilst following the measures in their system of controls. Pupils should be kept in consistent groups, sports equipment thoroughly cleaned between each use by different individual groups, and contact sports avoided.

Outdoor sports should be prioritised where possible, and large indoor spaces used where it is not, maximising distancing between pupils and paying scrupulous attention to cleaning and hygiene. This is particularly important in a sports setting because of the way in which people breathe during exercise. External facilities can also be used in line with government guidance for the use of, and travel to and from, those facilities.

Key principles for supporting safe PE and school sport:

- Clean frequently touched surfaces
- Wash hands frequently as part of a clear hygiene regime
- Minimise contact
- Ensure good respiratory hygiene

Each class is timetabled to have two hours of PE in an afternoon please ensure you cover both the games and PE lesson in this time out door.

Aut 1	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8	Class 9	Class 10	Class 11	Class 12	Class 13	Class 14
Games	Bootcamp	Bootcamp	Bootcamp	Bootcamp	Bootcamp	Bootcamp	OAA Tigers Trust	OAA Tigers trust	Bootcamp	Bootcamp	OAA Tigers trust	OAA Tigers trust	Bootcamp	Bootcamp
PE	Mighty movers (running)	Mighty movers (running)	Mighty movers (running)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)	Mighty movers (boxercise)

Aut 2	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8	Class 9	Class 10	Class 11	Class 12	Class 13	Class 14
Games	Multi skills	Multi skills	Multi skills	Gymfit circuits	Gymfit circuits	Gymfit circuits	Bootcamp	Bootcamp	OAA Tigers trust	OAA Tigers trust	Bootcamp	Bootcamp	OAA Tigers trust	OAA Tigers trust
PE	Skip to the beat	Skip to the beat	Skip to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat	Step to the beat

Spring 2 3 weeks	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8	Class 9	Class 10	Class 11	Class 12	Class 13	Class 14
Games	Brilliant ball skills	Brilliant ball skills	Brilliant ball skills	Invaders (football)	Invaders (football)	Invaders (football)	Invaders (netball)	Invaders (netball)	Invaders (netball)	Invaders (netball)	Invaders (rugby)	Invaders (rugby)	Invaders (rugby)	Invaders (rugby)
PE	Brilliant ball skills	Brilliant ball skills	Brilliant ball skills	Invaders (football)	Invaders (football)	Invaders (football)	Invaders (netball)	Invaders (netball)	Invaders (netball)	Invaders (netball)	Invaders (rugby)	Invaders (rugby)	Invaders (rugby)	Invaders (rugby)

Summer 1	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8	Class 9	Class 10	Class 11	Class 12	Class 13	Class 14
Games	OAA Tigers trust (Thurs)	OAA Tigers trust (Thurs)	Striking/fielding	OAA Tigers trust (Mon)	OAA Tigers trust (Mon)	Striking/fielding	Striking/fielding	Striking/fielding	Striking/fielding	Striking/fielding	Striking/fielding	Striking/fielding	Striking/fielding	Striking/fielding
PE	Gymnastics HSSS (Mon AM)	Gymnastics HSSS (Mon AM)	Gymnastics HSSS (Mon AM)	Athletics	Athletics	Athletics	Gymnastics HSSS (Tues PM)	Gymnastics HSSS (Wed AM)	Gymnastics HSSS (Wed AM)	Gymnastics HSSS (Wed AM)	Dance	Dance	Dance	Dance

Summer 2	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8	Class 9	Class 10	Class 11	Class 12	Class 13	Class 14
Games	Striking/fielding	Striking/fielding	OAA Tigers trust (Thurs)	Striking/fielding	Striking/fielding	OAA Tigers trust (Mon)	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
PE	Athletics	Athletics	Athletics	Gymnastics HSSS (Mon AM)	Gymnastics HSSS (Mon AM)	Gymnastics HSSS (Mon AM)	Dance	Dance	Dance	Dance	Gymnastics HSSS (Tues PM)	Gymnastics HSSS (Wed AM)	Gymnastics HSSS (Wed AM)	Gymnastics HSSS (Wed AM)

Catch up needed for next year 2021-2022:

Year 3 moving into Year 4 will have missed dance and net/wall

Year 4 moving into Year 5 will have missed swimming, dance, net/wall

Year 5 moving into Year 6 will have missed net/wall

Year 6 moving into secondary school will have missed net/wall