



## **Physical Education Intent**

At Burlington Junior School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport.

As set out by the National Curriculum KS2 programme of study, pupils will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

To ensure that pupils develop a secure knowledge that they can build on, our PE curriculum is organised into a progression model that outlines the skills, knowledge and vocabulary to be taught in a sequentially coherent way. Invasion games, striking and fielding, dance, gymnastics, OAA, swimming, athletics as well as fitness are all mapped out to ensure that pupils build on secure prior knowledge.

At Burlington Junior School we have developed a long term plan to ensure coverage of these key skills in KS2. Pupils participate in weekly high quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also emotional well-being.

A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically-demanding activities. At Burlington Junior School, we provide opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. By creating a positive environment and by putting PE, sport and regular physical activity at the heart of school life, we are supporting and helping improve the physical health and emotional well-being of our children, for now and the future.

### **How is our PE intent implemented?**

All learning will start with revisiting prior knowledge and making meaningful connections. Staff will model explicitly the subject-specific vocabulary, knowledge and skills relevant to the learning to allow them to integrate new knowledge into larger concepts.



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All lessons will begin with a warm up where children can discuss the benefits of warming up prior to exercise. Teachers will then introduce new learning and model their expectations of this through demonstrations and the use of secondary resources. Children will be then expected to build upon their previous learning and apply new skills. In order to improve their performances further, children will be asked to evaluate their own and peer's performances and identify strengths and areas to improve. A cool down will be carried out at the end of every lesson and the reasoning behind this will be discussed and explained.

P.E assessment is ongoing throughout the relevant areas to inform teachers with their planning of lesson activities and differentiation. Summative assessment is completed at the end of each topic where P.E objectives have been covered.

Where appropriate, our sports people will be given a variety of experiences both in and out of the classroom to create memorable learning opportunities and to support and develop their understanding further.

### **What is the impact?**

At Burlington 'pupil voice' shows that pupils are confident and able to talk about what they have learnt in physical education using subject specific vocabulary. Pupil voice also demonstrates that pupils enjoy P.E and are able to recall their learning over time. Pupils' performances in lessons demonstrates that P.E is taught at an age appropriate standard across each year group with opportunities planned in for pupils working at greater depth. Performances are of good quality and demonstrates pupils are acquiring knowledge, skills and vocabulary in an appropriate sequence.

Extra-curricular clubs and competitions provided through the local sports partnership enable children to participate in competitive sport. This has led to many children forming external links with clubs in the community as well as being identified and placed on gifted and talented pathways.

Through the effective use of our sports premium, the school has been able to improve the engagement of all pupils' in regular physical education. Furthermore, the profile of PE and sport has been raised across the school as a tool for whole school improvement. Teachers are more confident at teaching PE due to an increase in their knowledge and skills. A broader range of sports and activities have been offered to pupils and there has been an increase in the participation in competitive sport.