

Burlington Junior School

Headteacher:

Mrs A Beckett BEd Hons

Deputy Headteacher:

Mrs L Kirby BA Hons

Email:

burlington.juniors@eastriding.gov.uk

Website:

www.burlingtonjuniorschool.org



Marton Road
Bridlington
East Riding of Yorkshire
YO16 7AQ

Tel: (01262) 674487

Wednesday 4th September 2019

It is a requirement that all schools must provide swimming instruction either in key stage 1 or key stage 2 as part of the PE national curriculum. As a result the East Yorkshire council offer this provision for all Burlington Junior school pupils once they reach Year 4.

During these sessions pupils will be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Swimming lessons will commence in the second week of the school term at the Leisure Centre. The children will attend these sessions every Wednesday for 10 weeks (11th September to 20th November).

For these sessions children will be required to bring appropriate swimwear (boys not loose fitting shorts), a towel, goggles (optional) in a bag. **No** jewellery should be worn and hair needs to be tied back.

As we are given particular time slots to be at the swimming pool and need to be transported down to the facilities the children in Class 5 (Miss Collins) need to arrive at school for 8:45am in order for their swimming session to be on time. It may be a good idea for them to have their swimwear on under their uniform so they can quickly get changed once there.

This is a great opportunity for the children especially since we live near the coast!

Many thanks

Year 4 teachers

